

Good health  
is a goal you  
can achieve.



## At Orlando Health, we can help.

Even when life seems like it can't get any crazier, living a healthy life is well within your reach. Good health is a goal you can achieve and one worth striving for. It's a goal that means having more energy throughout your day. It means living a longer, happier life and enjoying the time you spend with family and friends more.

For many people, the thought of trying to be healthier may seem overwhelming. The good news is that you're not alone. At Orlando Health Physicians, we take the time to listen and learn about you, your day-to-day life, your health goals. If you're sick, we make sure you get the treatment you need so you can start feeling better quickly. And when you're feeling healthy, we help you stay that way.

Our physicians have extensive experience treating patients, as well as access to specialists with expertise in more than 40 areas of medicine. Our collaborative approach to treating every patient means we work together with you to keep you healthy.

To make an appointment,  
please visit [OrlandoHealth.com/Goal](http://OrlandoHealth.com/Goal)  
or call 321.842.GOAL



OFFICIAL MEDICAL PROVIDER OF ORLANDO CITY SOCCER CLUB

## Support for you... and about you.

Orlando Health specializes in providing attentive personalized care with a collaborative approach. That means, when specialists are needed, we don't simply refer you and let them handle it. Your physician coordinates your care and collaborates with specialists to make sure your healthcare needs are taken care of.

### Orlando Health's services include:

#### BARIATRICS

- Highly skilled, board-certified surgeons extensively trained in laparoscopic and robotic bariatric procedures
- Support from a team of nurses, registered dietitians and counselors
- Nutritional education and counseling to aid in your recovery and reinforce new, healthier eating habits

#### CARDIOVASCULAR SERVICES

- Diagnostic testing, innovative treatments and preventive measures for even the most complex cases
- Access to the cutting-edge resources of Orlando Health's accredited chest pain center and heart failure program

#### EMERGENCY CARE

- The only Level One Trauma Center in Central Florida at Orlando Regional Medical Center
- One of the only comprehensive stroke centers in Central Florida

#### ENDOCRINOLOGY

- Treatment of endocrine diseases such as diabetes and other disorders like thyroid, pituitary, adrenal, parathyroid, calcium and bone

#### GENERAL SURGERY

- The experience to treat everything from the most serious trauma emergency to an elective surgical procedure
- The use of surgical innovations offering greater precision, faster healing and less pain
- Options from minimally invasive surgeries to image-guided technologies that enhance precision for selective procedures

#### INFECTIOUS DISEASE

- Provides comprehensive services for the diagnosis and treatment of conditions caused by bacteria, fungi, viruses and larger agents of disease
- Services are provided on an inpatient and outpatient basis through physician consultation

#### NEUROLOGY AND NEUROSURGERY

- Treatment of Alzheimer's disease, trigeminal neuralgia, spinal cord injury, epilepsy, brain tumors and injuries, and stroke
- Outstanding care that includes diagnosis, treatment and rehabilitation
- The promise of Orlando Health's latest, most sophisticated technology and exacting standards of care

#### ONCOLOGY

- Care provided by UF Health Cancer Center – Orlando Health
- The only cancer center in Central Florida to be designated by the State of Florida as a Cancer Center of Excellence
- Leadership in the cancer care field in comprehensive treatment, research, care and education

#### ORTHOPEDICS AND SPORTS MEDICINE

- Treatments such as joint replacement, physical rehabilitation, trauma care, sports medicine and surgery of the upper and/lower extremities

#### PEDIATRICS

- Dedicated to promoting wellness and treating illnesses and injuries
- Promise to coordinate your littlest patient's care with specialists if needed

#### PRIMARY CARE

- More than 90 physicians throughout Central Florida
- Serve as the hub for coordinating healthcare services with specialists if needed
- Includes family and internal medicine physicians who diagnose and treat illnesses and injuries, manage chronic conditions and promote wellness

#### PULMONARY AND SLEEP MEDICINE

- Caring physicians and staff committed to helping patients understand and fight respiratory- and sleep-related conditions
- Highly trained physicians, who are board-certified in pulmonary, critical care and sleep medicine
- Consultative, diagnostic and therapeutic services in outpatient and inpatient settings

#### UROLOGY

- Equipped with comprehensive, modern, diagnostic and therapeutic equipment to perform minor procedures such as cystoscopy (looking inside the bladder), bladder and prostate biopsies, minor surgery and minimally invasive prostate therapies performed in the office, including microwave prostate therapy

#### WOMEN'S HEALTH

- Expert care available in gynecology, obstetrics and imaging
- The Women's Health Network of physicians, who care for your reproductive health throughout all stages of life, including pregnancy and childbirth
- Preventive diagnostic services that include skilled mammography and bone densitometry



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